

Arizona Standardized DCW Test - Sample questions
April 2010

Note: In this exam the words client, consumer or person will be used to denote the person receiving services. The term direct care worker (DCW) includes direct support professionals (DSP), caregivers, personal assistants, and attendants.

Scoring: Each question is worth 1 point.

Instructions: For every test question, choose the one answer that is best. Write the letter of the answer on the answer sheet next to the number of the question. Do not write down two answers.

Developmental Disabilities

1. When a serious incident occurs, you must FIRST:
 - a. Write it up before the end of your shift
 - b. Contact your supervisor
 - c. Ensure individual and staff are safe
 - d. Contact DDD

2. Stages of human development (from infant to older adult):
 - a. Start in the lower part of the body and move upward
 - b. Are predictable in sequence
 - c. Are identical for everyone
 - d. Proceed at the same rate for everyone

3. Supporting individuals in their self direction can:
 - a. Be confusing to them
 - b. Cause them distress
 - c. Lead to institutionalization
 - d. Support normalization

4. Individuals with cognitive disabilities:
 - a. Should be institutionalized for their own safety
 - b. Should have all tasks done for them
 - c. Should be presented with the same tasks in many different ways
 - d. Should be provided with clear, very simple instructions

5. When having a conversation with a consumer in a wheelchair, it is appropriate to:
 - a. Sit down or squat to a shared eye level
 - b. Stand in front of them
 - c. Stand behind them
 - d. Lean on their chair

6. The support plan is:
 - a. A binding legal document
 - b. A roadmap for the individual
 - c. In the best interest of the person served
 - d. All of the above

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7. In cases of severe medication side effects, you should always:
 - a. Check airway, breathing, circulation
 - b. Induce vomiting
 - c. Call 911
 - d. All of the above

8. When checking the "5 rights", you should compare the package the medication is in to:
 - a. The medication log
 - b. The person's driver's license
 - c. The person's home phone number
 - d. None of the above

9. If a consumer refuses his or her medications:
 - a. You should just throw away the dose
 - b. You should take the medication
 - c. You should note this in the medication log
 - d. You should erase the entry from the medication log

10. Providing care is the same thing as providing assistance and support:
 - a. True
 - b. False

11. The Division determines how often a support plan is reviewed:
 - a. True
 - b. False

12. To help prevent pressure ulcers:
 - a. Drag the consumer to the side of the bed when transferring
 - b. Make sure the consumer drinks enough water
 - c. Elevate the head of the bed over 30 degrees
 - d. Massage directly on any reddened areas

Developmental Disabilities

1.c, 2.b, 3.d, 4.c, 5.a, 6.d, 7.a, 8.a, 9.c, 10.b, 11.b, 12.b